

WHAT IS THE DIFFERENCE

BETWEEN SMART GO WITH ALMOND MILK AND CLASSIC SMART GO AND ED SMART 3.0?



smart go

WITH ALMOND MILK

Proteins **17 g** Fats **6,5 g** Carbohydrates **4 g**

! All you need to prepare a cocktail is water!

It already contains almond milk

For those, who:

- Love the delicate taste of almond milk and the airy consistency.
- Consume low-lactose products.
- Love exotic flavors.
- Adhere to a non-strict vegetarian diet.

smart go

WITH MILK
BALANCED NUTRITION

Proteins **17 g** Fats **5 g** Carbohydrates **17 g**

! All you need to prepare a cocktail is water!

It already contains skimmed milk

For those, who:

- Choose the ease of preparation.
- Love convenience and practicality.
- Don't have time for breakfast, lunch or dinner.

ed smart

SMART FOOD

Proteins **10 g** Fats **4 g** Carbohydrates **7,5 g**

! You need 200 ml of milk with 1.5% fat content for preparing

For those, who:

- Love a variety of flavors.
- Decide how dense their drink will be today.
- Follow proper nutrition.

PROTEIN COMPLEX

01 Feeling of fullness for a long time and reducing cravings for sweets

02 Source of calcium

03 Optimization of carbohydrate and lipid metabolism

04 Building material for cells

05 Normalization of metabolism

06 Complete amino acid profile

SMART GO WITH ALMOND MILK

Complex of plant and animal proteins is the basic material for the healthy functioning of cells, which is responsible for their nutrition, division and regeneration. Due to the right combination of different proteins, the cocktail replenishes the need for amino acids.

It contains 18 common amino acids, including all the essential ones which cannot be produced by the body: tryptophan, phenylalanine, lysine, threonine, valine, leucine, isoleucine and methionine. Prevents the destruction of muscle tissue during weight correction.

Complex of three types of proteins:

- fat-free almond kernel powder (protein 52%)
- soy protein isolate
- milk protein concentrate

SMART GO

Complex of four types of proteins:

- skimmed milk powder
- soy protein isolate
- milk protein concentrate
- whey protein concentrate

ED SMART 3.0

Complex of three types of proteins:

- soy protein isolate
- milk protein concentrate
- whey protein concentrate

CARBOHYDRATES



Natural energy boosters



A feeling of fullness quickly and for a long time



The source of great mood



Fuel for the brain



Nourishment of the nervous system

SMART GO WITH ALMOND MILK

Corn starch is a vegetable complex carbohydrate, responsible for the texture of the product.

Polydextrose is a dietary fiber that has virtually no effect on blood sugar levels.

SMART GO

Corn starch is a vegetable complex carbohydrate, responsible for the texture of the product.

Dextrose is a natural monosaccharide, the most useful of fast carbohydrates, which is a nutrient medium for the nervous system.

Maltodextrin is a natural carbohydrate, oligosaccharides in the composition give a feeling of satiety, while mono- and disaccharides give a burst of energy and good working capacity.

Palatinose has a low glycemic index (GI=30) due to slow breakdown and provides the body with energy of the best quality.

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FATS

01 Nourish the nervous system

02 Promote beautiful skin, hair and nails

03 Give you fast energy

04 Slow down the aging process

05 Improve memory

06 Nourish the cardiovascular system

SMART GO WITH ALMOND MILK

Lecithin (a complex of phospholipids) is a set of complex unsaturated fatty acids with high bioactivity, a building material for cell membranes. An important component for maintaining the structure of the cells of the nervous system, heart, brain, liver.

Coconut Oil — Medium chain fatty acids of vegetable origin - a source of nutrition for the nervous system and fast energy.

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VITAMIN AND MINERAL COMPLEX (VMP-COMPLEX)



Optimizes metabolism



Keeps you active throughout the day



Reduces fatigue



Strengthens the immune system



Provides brain nutrition

SMART GO WITH ALMOND MILK

23 vital elements — 12 vitamins and 11 minerals — for excellent health and body function support:

A, E, D3, B1, B2, B5, B6, B9, B12, PP (B3), H, C, B9, potassium, calcium, phosphorus, magnesium, zinc, iron, copper, manganese, iodine, chromium, silicon, biotin.

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PLANT ENZYMES AND EXTRACTS

01 Help to digest protein

02 Slow down aging

03 Reduce feelings of hunger and provide stability of the gastrointestinal tract

04 Break down fat deposits

05 Protect cells from destruction

06 Antioxidant protection

SMART GO WITH ALMOND MILK

Fibers and prebiotics

- Inulin, corn fiber:**
- stable functioning of the digestive tract,
 - decreased feeling of hunger

Plant enzymes bromelain and papain:

- help in the absorption of protein,
- breakdown of fat deposits.

Extract of mangosteen, pomegranate, rosemary:

- antioxidant protection,
- slowing down aging.

Griffonia extract + B6:

- reduces nervous tension.

Artichoke & Mint Extract:

- relieves bloating.



Smart Go with almond milk



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CHOOSE WHAT SUITS YOU BEST

CREATE MIXES

TRY SOMETHING NEW

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