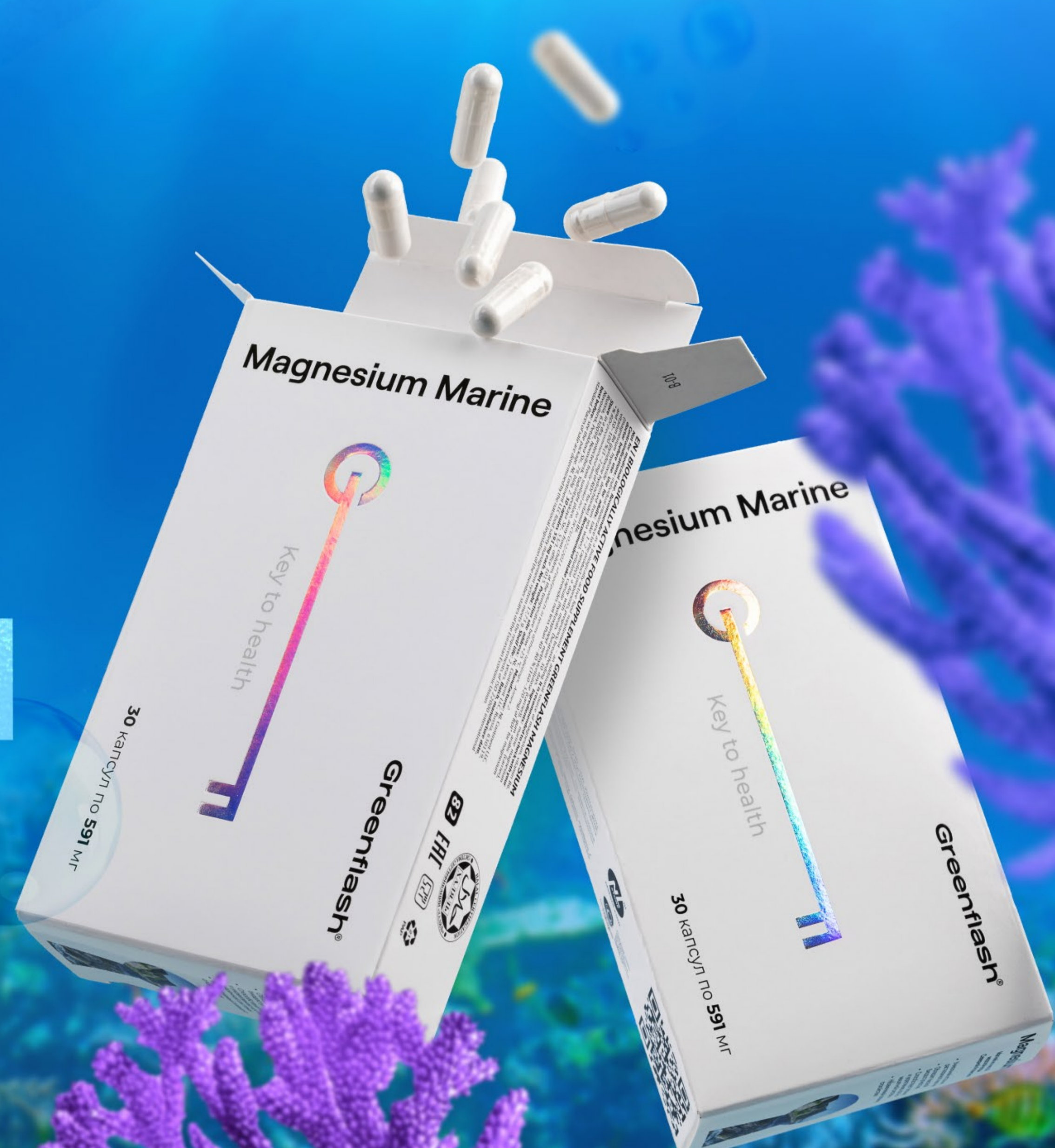


MARINE MAGNESIUM



GREENFLASH MAGNESIUM MARINE BENEFITS



OTHER FORMS OF MAGNESIUM	MAGNESIUM MARINE
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COMPARISON OF SYNTHETIC AND NATURAL FORMS

<ul style="list-style-type: none"> Synthetic forms are only one magnesium compound. They are produced by various methods, for example, by the low-temperature solid-phase synthesis method. Such compounds cannot be quickly integrated into the biochemical processes of the body. 	<ul style="list-style-type: none"> Marine magnesium is a natural raw material from pure sea water taken off the coast of Iceland. Natural forms of minerals are a combination of several forms that enhances their absorption and ensures effective inclusion in the metabolism.
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BIOAVAILABILITY

<p>The degree of bioavailability of magnesium compounds varies depending on the origin and form of the magnesium salt used.</p> <p>Inorganic synthetic forms (oxides) have low bioavailability.</p> <p>Organic forms (citrates) and chelated forms (bisglycinates) are well absorbed.</p>	<p>The high bioavailability of Magnesium Marine is due to the following factors:</p> <ol style="list-style-type: none"> Natural marine magnesium is used, obtained from the sea water of the North Atlantic. The production uses 100% natural raw materials. There are no chemical transformations in the technology. It is a multimineral complex, which, in addition to magnesium, contains a set of additional micro and macro elements: calcium, potassium, iodine, iron, zinc, selenium, which help the absorption of magnesium. The magnesium-containing complex has a proven maximum solubility in water and high digestibility in the body. Marine magnesium is a combination of different forms of magnesium. Marine magnesium in this product is combined with vitamin B6, which improves the absorption of magnesium in the gastrointestinal tract and its penetration into cells.
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COMPARISON OF FORMS OF MAGNESIUM WITH ANTACIDS (AGAINST INCREASED ACIDITY AND HEARTBURN)

<p>In medicine, magnesium hydroxide, a synthetic chemical compound, is used as an antacid. These are white crystals, insoluble in water. Due to its chemical structure, this magnesium compound reduces the peptic activity of gastric juice.</p>	<p>Dozens of studies have been carried out to confirm that the natural marine magnesium compound has high water solubility and absorption in the body without affecting the environment of the stomach.</p>
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COMPARISON OF FORMS OF MAGNESIUM WITH LAXATIVES BASED ON MAGNESIUM SULFATE

<p>Due to the poor absorption of magnesium sulfate in the intestine, a high osmotic pressure is created, water accumulates in the intestine, its contents liquefy, peristalsis increases, and a laxative effect occurs.</p>	<p>Marine magnesium has a different composition, pH and effect on the body. It is well absorbed in the digestive tract and has no laxative effect.</p>
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DIFFERENCES FROM CHELATED FORMS

<p>Chelated forms of minerals are highly available forms that are a compound of a mineral and an amino acid. These forms of minerals are produced by various synthetic methods.</p>	<p>Marine magnesium is produced from natural raw materials (sea water) by evaporation method. This is a technology in which chemical transformations are completely absent, so it is easy for the body to absorb and metabolize such compounds.</p>
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THUS, MAGNESIUM MARINE IS A HIGHLY AVAILABLE NATURAL MAGNESIUM COMPLEX, WHICH:

- is well absorbed by the body,
- has an optimal pharmacokinetic profile,
- is highly effective and safe.